Sunday, August 30, 2020

The Salesman and Morning Star

EASTERN & WESTERN EDITION

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Because Their Lives Matter

Saturday & Sunday
September 12th & 13th

Concord Hills Golf Course
7331 Pulaski Rd., Concord
Hosted by Rescue Me Jackson Area

Scramble Registration 8:30am
Shotgun start 9:30am each day

Golf one or both days / Capacity 144 participants each day
50/50 Drawing / Prizes / Course Events / Vehicles for Hole in One
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Rescue Me Jackson Area is a non profit animal welfare organization that helps animals in need by providing the funding for food, shelter, adoption costs, spay & neutering and other medical needs.

For more information
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107 E. Main St., PO Box 250, Spring Arbor, MI 49283

THIS WEEK'S INSERTS...

- Concord Village Voice
- Family Fare
- Family Farm & Home
- Great Lakes Ace Hardware
- Save A Lot

Zoned inserts which may or may not appear in your paper.

Jim Haadsma
State Representative

COVID-19 Resources
Unemployment Info
State Government Help

Office: (517) 373-0555
Home: (269) 968-3659

Email: JimHaadsma@house.mi.gov
Web: www.housedems.com/haadsma

Paid for by Committee To Elect Jim Haadsma,
146 S. Lincoln Blvd., Battle Creek, MI 49015

-Automobiles-

SELL YOUR CAR! Get second week FREE when you place your ad in all editions of the Morning Star and The Salesman. Call or mail your ad today.

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-Sport Utility Vehicles-

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-Motorcycles-

212 YAMAHA 950 V STAR, 12,000 miles. V twin engines, fully dressed, black, $3000. 517-745-5122

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-Music-

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- Small Appliance Repair -

WE CAN FIX ANYTHING WITH A CORD YOU CAN CARRY- mixers, power tools, blenders, microwaves, lamps, commercial equipment, sewing machines, Vacuum Cleaner Hospital. 517-787-1533

-Services-

ROYAL MONUMENT INC. Home of rock bottom prices and free in-home consultations. 517-857-2341

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SEE US FOR business forms and supplies. Sales forms, purchase orders, invoices, statements, credit memos, collection forms, bank checks, time cards, shipping forms, labels, etc. THE SALESMAN, 102 N. Main, Concord. 517-524-8540

TIRED OF MOVING UNUSED ITEMS FROM ONE PLACE TO ANOTHER? Sell or trade easily with a classified ad in THE SALESMAN & MORNING STAR. 517-524-8540, 517-563-8860, 517-629-2127.

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The deadline for CLASSIFIED ads is WEDNESDAY at 5 p.m.

The deadline for DISPLAY ads is WEDNESDAY at noon.

NOTICE: We will not be responsible for any errors in continuous running ads unless notified after the first week of publication. We reserve the right to refuse or cancel any advertisement at any time.

READERS: THIS PUBLICATION DOES NOT KNOWINGLY ACCEPT advertising which is deceptive, fraudulent, or which might otherwise violate the law or accepted standards of taste. However, this publication does not warrant or guarantee the accuracy of any advertisement, nor the quality of the goods or services advertised. Readers are cautioned to thoroughly investigate all claims made in any advertisements, and to use good judgment and reasonable care, (particularly when dealing with persons unknown to you who ask for money in advance of delivery of the goods or services advertised.)

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Telephone:
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Open 5 days a week:
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9 a.m.–5 p.m.
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Fostering Futures Scholarship applications due in less than a week

LANSING, Mich. – Time is running out for those youth that have experienced foster care to apply for a scholarship to help pay for some college expenses, according to the Michigan Department of Treasury.

The Fostering Futures Scholarship provides financial assistance to students who have experienced foster care in Michigan on or after age 13. As a reminder, the application deadline for this upcoming school year is on Sept. 1, 2020.

Previously, the scholarship's application deadline was on June 30. The deadline was extended due to the COVID-19 pandemic.

"I'd like to encourage all eligible students to take advantage of this scholarship opportunity," said Robin Lott, director of the Office of Postsecondary Financial Services. "It is a privilege to be able to help youth achieve their college goals."

The Fostering Futures Scholarship Trust Fund — administered in partnership by the state Treasury Department's MI Student Aid, the Michigan Education Trust (MET) and the Michigan Department of Health and Human Services — provides up to $3,000 for eligible college expenses to young adults who have experienced foster care. Awards are given based on need and paid to the students' college or university to assist with tuition, fees, room, board, books and supplies.

Since 2012, fundraising efforts have totaled more than $1.3 million. This money has been raised through individual donations, group donations, sponsorships, ticket sales, auctions and many volunteer-based fundraising events.

Most of the funds raised have been awarded as scholarships, with a small portion being designated to an education endowment that supplies investment income for future scholarships.

Since 2015, over $6 million has been awarded to Fostering Futures Scholarship recipients.

To learn more about the Fostering Futures Scholarship or to apply, go to www.fosteringfutures-mi.com or contact MI Student Aid at mistudentaid@michigan.gov, 1-888-447-2687

-Announcements-

JACKSON, MICHIGAN, AMERICA'S ORIGINAL CAR CAPITAL. 1898 thru 1924 In the 1800's Jackson was recognized as the center for manufacturing horse drawn vehicles, i.e. buckboards, carts, carriages and wagons. At the time there were many manufacturers of parts, wheels, hubs, axles, springs and other parts needed. In the winter of 1897-98 Jackson native Coe S. Reeves who owned a bicycle shop, introduced the first car built in America. It was a three wheel tricycle with a gas engine. Soon to follow were engineers that beat a path to the Jackson area to design, engineer and develop their own automobiles. From 1899 thru 1924 there were over 30 cars, trucks built in Jackson. They were electric, steam powered and powered by gasoline. Brand names were Argo, Brisco, Buick, Cartercar, Cutting, C.V.I., Dean, Duck, Earl, Fuller, Gem, Globe, Hackett, Hollier, Hupmobile, Imperial, Jackson, Jaxon, Marion-Handley, National, Reeves, Standard, Star, Steel Swallow, Whiting and others. Today the Jackson area has over 60+ manufacturers of car parts. It is without a doubt, that Jackson remains to be a very important part of the world's automobile industry. Then, now and forever. If you would like to know more about the history of the cars built here from 1898 thru 1924, please forward your $15. check made out to Mac Bater and mail it to me at 837 Woodbine Blvd, Jackson, MI 49203 and we will mail a 15 page booklet to you. Thank you, Mac Ba ter, Jackson, MI

THE SALESMAN IS A FREE weekly publication. If you do not receive it every weekend, please call 517-524-8540.

NOTICE: The Salesman places papers each week at several locations for readers to pick up. These are not placed there for people to take multiple copies for their pet cages, etc. If you need papers for those purposes call 517-524-8540 to find out where to get them. Thank you for your understanding. The Salesman management.

NOTICE: PERSONAL CLASSIFIEDS are placed on a cash only basis. Ads may be phoned in with payment sent promptly. There is a $2 fee if billings are sent. THE SALESMAN, 517-524-8540 517-563-8860

MOST ALL CLOTHING $2.00 each. 65% off most other items. Building, $55,000. Display racks for sale. Twice As Nice, 111 E. Ganson, Jackson. 517-784-2398. Wednesday thru Saturday 11am-5pm.

-Wanted Miscellaneous-

I AM BUYING OLD collectibles such as US and foreign coins, costume jewelry, wrist and pocket watches, pocket knives, sports cards, tokens, comic books, license plates, straight razors, wheat pennies, postcards, military, marbles, fishing lures. I wear a mask. 859-749-9943, In Cement City.

-Miscellaneous For Sale-

TWO 9x11 AREA RUGS, beige pattern, excellent condition. $50 each. Call 517-764-8215

NEED A DUMPSTER?
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MEN'S BIKE: Specialized Globe Carmel 700 3, medium bronze. Like new, originally $520, asking $250. Like new, Call 517-914-0314

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FOR SALE: STIHL FS-90 string trimmer with handlebars and 2 saw blade attachments. Used less than 4 hours, $300. 517-568-3532

FOR SALE: 12hp. CUB CADET pulling tractor with weights. New seat and battery. Ready to go. 517-206-2134

-Miscellaneous-

SELF INKING STAMPS Available at The Salesman. Stop in or call to order, 102 N. Main, Concord, 517-524-8540.

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Swingin' at the Shell

Free SUMMER CONCERT SERIES!

Live music Sundays at 6pm, 8/2 - 9/13
Victory Park Band Shell, Albion

Concessions available!
In case of rain, concerts will be held in the Victory Park Pavilion.

We encourage everyone to follow current CDC recommendations to prevent the spread of COVID-19. If you are able, please park further away to allow high-risk concert goers the opportunity to watch from their vehicles.

HERE'S WHATS COMING UP:

8/30 - The Phoenix Theory (Classic Rock)
9/6 - Rhythm Society Orchestra (Big Band)
9/13 - Blue Water Kings (Pop Cover Band)

- Special Thanks To Our Sponsors -
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Simple Recipe Hacks for Time-Saving Meals - Seek help from the store to make showstopping dishes in a flash

(Family Features) With many families spending more time than usual at home, scratch cooking trends are popular among home chefs. From homemade sourdough to elaborate multi-course dinners, the kitchen has become a place for creativity for many.

However, since summer brings all sorts of fun and outdoor activities, busy families may be looking for ways to spend less time in the kitchen without compromising on quality or flavor. Try to work smarter, not harder, and let your local grocery store do some of the heavy lifting.

Starting with pre-packaged salads, casseroles, fresh-baked breads or prepared items from the deli case, like a rotisserie chicken, opens an array of possibilities for quick family meals. For example, Signature Cafe and Signature Select, available exclusively at Albertsons and Safeway stores, can be your go-to for meal solutions, and you can find these products at a value compared to many leading national brands without giving up the quality you crave. With products available across the entire store, you can find easy-to-implement recipe hacks the whole family can enjoy.

Serving up a tasty and comforting dinner can be as easy as mixing together fresh ingredients like pre-made macaroni and cheese, rotisserie chicken, frozen broccoli and topping your dish with cracker crumbs in this Chicken and Broccoli Mac and Cheese. You'll have food on the table in less than 30 minutes and more time to spend with family and friends.

With the resources available at your neighborhood store, you can build restaurant-quality Spicy Chicken Sandwiches with Nashville-Style Dressing at home by visiting the deli department for fried chicken and swinging by the bakery for a loaf of European-style bread. Crunchy fried chicken, cool lettuce, crisp pickles and spicy dressing including a handful of pantry staples make for the perfect flavor and texture combination.

End the day with a Neapolitan-Style Milkshake as classic flavors come together with vanilla bean ice cream, fudge striped shortbread cookies, strawberry preserves and whole milk. This ice cream treat is an indulgence that blends in a flash.

Visit albertsons.com/exclusivebrands to shop for grocery delivery or pickup at your local store.

Chicken and Broccoli Mac and Cheese
Servings: 4

Nonstick cooking spray
2 packages (12 ounces each) Signature Cafe Classic Macaroni and Cheese
1 cup frozen broccoli
2 Signature Cafe Whole Roasted Chicken Breasts (about 1 cup), skin removed and diced into 1/2-inch cubes
1/2 cup cracker crumbs

Preheat oven to 400 F.

Coat 6-by-9-inch baking dish with nonstick cooking spray. Add macaroni and cheese, broccoli and chicken, stirring to combine until well incorporated. Top with cracker crumbs.

Bake 20 minutes, or until heated through.

Neapolitan-Style Milkshake
Servings: 2-4

4 scoops (1/2 cup each) Signature Select Vanilla or Vanilla Bean Ice Cream
6 Signature Select Fudge Striped Shortbread Cookies
4 tablespoons Signature Select Strawberry Preserves
1 1/2 cups whole milk, plus additional (optional)

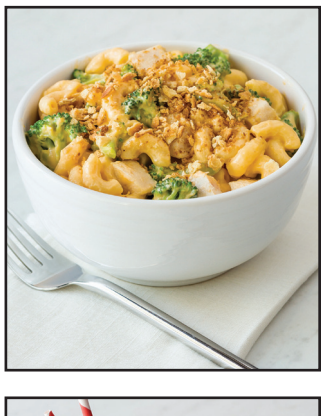
In blender, process ice cream, cookies, strawberry preserves and whole milk.

If desired, add milk to achieve desired thickness.

Serve in chilled glasses.

Spicy Chicken Sandwiches with Nashville-Style Dressing
Servings: 2

Nashville-Style Spicy Mayonnaise:
1/2 cup mayonnaise
1/2 teaspoon cayenne pepper
1/2 teaspoon paprika
1/4 teaspoon garlic powder
1/2 teaspoon salt
1/2 teaspoon black pepper



Spicy Chicken Sandwich:
1/2 cup Nashville-Style Spicy Mayonnaise, plus additional (optional)
4 slices Signature Select Artisan French or Italian Bread
2 pieces hand-breaded Signature Cafe Fried Chicken Breast, cut into slices
1 cup lettuce mix
8 sweet or dill pickle chips

To make Nashville-Style Spicy Mayonnaise: In bowl, combine mayonnaise, cayenne pepper, paprika, garlic powder, salt and black pepper.

To make Spicy Chicken Sandwiches: Spread Nashville-Style Spicy Mayonnaise onto bread slices. Arrange sliced chicken on half the bread slices and place lettuce and pickle chips on other half.

Dress with additional Nashville-Style Spicy Mayonnaise, if desired. Fold sandwiches together, spear with toothpick and slice diagonally.

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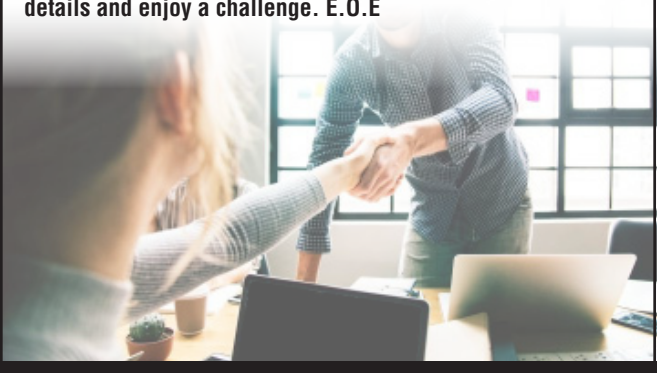

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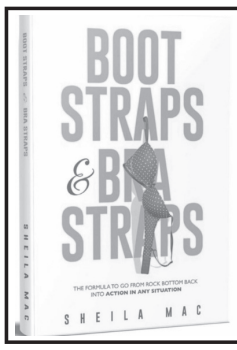

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pets of the week

Hercules

This is Hercules. That smile pretty much says it all with this guy. He loves people—all people! He is a handsome, 2-year-old, male Pit Bull mix. He loves to play with balls, stuffed animals, and bones. Playing fetch is his favorite pastime. Hercules saves all his love for people—he doesn't like other animals. He knows his basic commands such as sit, stay, and lie down. He is neutered, microchipped, up-to-date on vaccines, and tested negative for heartworm. His adoption fee is $150. If you would like to come play with Hercules please stop in during our open hours.

Silver

The super sweet and pretty cat named Silver, is 16 years old. Her senior owner could no longer care for her. We hope to find someone who is loving and caring and will spoil this little lady. She is a wonderful, loving cat. She is spayed, current on vaccines and tested negative for FIV/FeLV. Her adoption fee is $40.

If interested in Hercules or Silver please stop in at Cascades Humane Society, Tuesday through Saturday, between 12 and 6 p.m., we are requiring masks as per Governor Whitmer's order.

You can call 517-787-7387, ext. #128/110 and Applications for adoption are also available at www.chspets.org.

Balto

Balto is a friendly, young, adult male Husky/German Shepard mix. He is a handsome black and tan color. He is full of energy and loves to play in the water. Balto talks like a Husky and really likes to be with his person. He would love to learn new things and play catch. Dog adoptions require an application. Availability date is when the dog becomes JCAS property; any necessary medical procedures may delay an adoption. A meet & greet with your dog is mandatory. A cat room walk-through is available to test reaction. Dogs will go to approved applicants; the adoption fee is $150, which includes vaccinations, microchip, and sterilization.

Claudia

Claudia is a 4 year old, short haired, female cat. She is such a pretty girl who is mostly black with unique white markings. Her small size makes her look like a big kitten. Claudia loves people and is very friendly. Won't you come meet Claudia today at the Jackson County Animal Shelter, 3370 Spring Arbor Rd., Jackson, Michigan. Cat Adoption Fees are $60 for one cat, $80 for two, which will include applicable tests, vaccines and spay/neutering. Any necessary medical procedures may slightly postpone an adoption.

Visiting the shelter is always best, but other resources include: Online applications: https://www.co.jackson.mi.us/DocumentCenter/View/803, fax to: 517-780-4750 or email to: animalshelter@mijackson.org. See our website for more information at: mijackson.org/579/Animal-Shelter. Come find us on Facebook! Current Shelter Hours: Mon., Tue., Wed., Fri., 10 a.m. to 4:30 p.m., Thu., 10 a.m. to 7 p.m. and Sat., 10 a.m to 4 p.m.

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NOTICE

The Leoni Township Offices is currently seeking two Residents to join our Ordinance Committee to help be a part of creating an Ethics and Conduct Policy.

Deadline: September 4, 2020 @ 5PM

Please submit your request to the Clerk's Office

913 Fifth Street
Michigan Center, MI 49254
517-936-2290

Kerry Pickett
Leoni Township Clerk

NOTICE

The Leoni Township Zoning Board of Appeals will hold a ZOOM Public Hearing, Monday, September 21, 2020 at 6:00 P.M. in the Leoni Township Meeting Hall, 913 Fifth St., Michigan Center, Michigan, 49254.

"This meeting is being held by ZOOM because of the COVID-19 State of Emergency and in conformance with Executive Orders issued by the Governor of the State of Michigan."

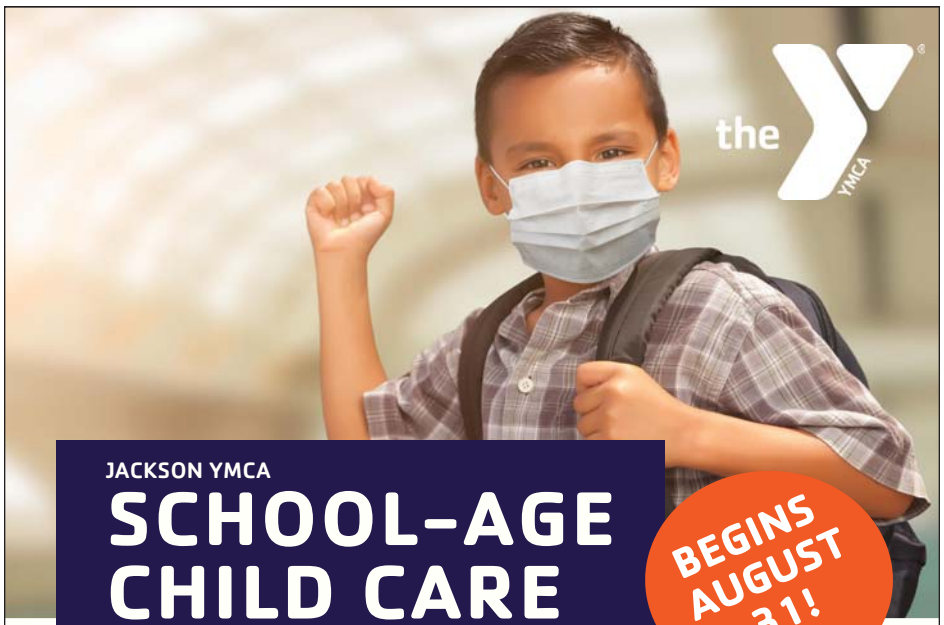
Please visit the Leoni Township website at http://www.leonitownship.com prior to the meeting for instructions regarding remote access and any updates that may be needed due to COVID-19 requirements.

000-14-06-476-001-03
Robert Richardson for Leoni Reserve
1280 Falahee Rd., Jackson, MI 49203

Purpose of hearing: Variance

Legal Description: BEG AT INTERSECTION OF SLY LN OF ASSESSOR'S PLAT OF FORD ACRES AND E SEC LN TH S ALG E SEC LN 335.076 FT TO A PT FOR PL OF BEG OF THIS DESCN TH CONTINUING S 201.046 FT TH W PAR WITH E&W 1/4 LN 650 FT TH N PAR WITH E SEC LN TO A PT 650 FT DUE W OF BEG TH E 650 FT TO BEG. SEC 6 T3S R1E 2.9999 ACRES (1998 NEW OUT OF 000-14-06-476-001-01)

Kerry Pickett
Leoni Township Clerk



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Auctions

LIVE ESTATE AUCTION Sun., Sept. 6, 2020, 12:05 P.M. 208 Garfield St. Prescott, MI. Household/Appliances; Furniture; Tools/Outdoor; Vehicles/Trailers; Real Estate. Details and photos at AuctionZip.com Auctioneer ID# 5683.Marsa Auctioneering 989-269-7227.

ONLINE ONLY Personal Property Auction, Belding, MI. Bidding ends Sept. 9, 2020. 35 HP tractor, 100 hrs. hard cab & backhoe; 2014 Dodge Ram pickup; Listing, photos, register to bid at: www.EpicAuctions.com

-Garage & Yard Sales-

HUGE YARD SALE: 1456 and 1460 Sarossy Lake Rd., Grass Lake. September 4-5, 9am-6pm.

HUGE GARAGE SALE: 540 Rutledge St., Jackson. Friday, 28th, 9am-4pm. Saturday, 29th, 8am-4pm. Lots of miscellaneous household items, table and chairs and clothes. Mask required.

TIRED OF MOVING UNUSED ITEMS FROM ONE PLACE TO ANOTHER? Sell or trade easily with a classified ad.

YARD SALE: SEPTEMBER 4 & 5, 9am-5pm. 28650 H Drive N, Albion. Camper, bike carrier, car top carrier, bedding. Flatware, dishes, jewelry, purses, plus size and men's clothing and much more.

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"This meeting is being held by ZOOM because of the COVID-19 State of Emergency and in conformance with Executive Orders issued by the Governor of the State of Michigan."

Please visit the Leoni Township website at http://www.leonitownship.com prior to the meeting for instructions regarding remote access and any updates that may be needed due to COVID-19 requirements.

000-09-28-229-001-00
Gerald & Sandra McCarroll
Donnely Rd./Lot 12 Bentwood Preserve

Purpose of hearing: Variance

Legal Description: COM AT THE NE COR OF THE NE ¼ SEC 28 TH IN A SLY DIR ALG TH E LN OF NE ¼ HAVING AN ASSUMED BEARING OF S00°53'13"E 413.41 FT TH S89°28'26"W 411.04 FT TO THE ELY ROW LN OF DONNELY RD TH S00°09'02"W ALG ELY ROW LN OF DONNELY RD 560.00 FT FOR POB TH N90°00'00"E 179.98 FT S00°08'49"W 100.00 FT TH N90°00'00"W 179.99 FT TO THE INTERSECTION OF THE ELY ROW LN OF DONNELY RD TH N00°09'02"E ALG ELY ROW LN OF DONNELY RD 100.00 FT TO BEG. (FKA UNIT 12 BENTWOOD PRESERVE CONDOMINIUM) SEC 28 T2S R1E 0.413 A +/- SPLIT ON 02/11/2019 FROM 002-09-27-101-012-00;

Kerry Pickett
Leoni Township Clerk

Senior Spotlight

COVID-19 pandemic highlights importance of maintaining healthy routines

(Family Features) After a heart attack or stroke, as many as 1 in 4 survivors will have another one. However, lifestyle changes and working closely with your doctor to manage your health may minimize the risk of a repeat event. Sticking to secondary prevention routines - by eating healthy, being active and taking medications as prescribed - is important as cases of COVID-19 increase.

"A heart attack or stroke is a very scary experience, and people try to avoid revisiting that difficult time," said neurologist Lee Schwamm, MD, chair of the American Stroke Association and professor of neurology at Harvard Medical School "Unfortunately, the risk of a repeat stroke is high, and lifestyle changes to reduce a person's risk are almost always necessary to reduce those odds."

Up to 80% of second clot-related strokes and heart attacks may be prevented by making healthy choices. Consider these tips from the American Stroke Association's secondary heart attack and stroke prevention initiative, sponsored nationally by Bayer.

Blood Pressure: Work with your doctor to ensure you're maintaining a healthy blood pressure level below 130/80. High blood pressure is both a leading cause and major risk factor for stroke and heart attack.

Cholesterol: Medication and healthy lifestyle habits can help keep high cholesterol in check.

Blood Sugar: Having diabetes, which is caused by high blood sugar, more than doubles your risk of stroke. Some people have diabetes and don't know it until a medical emergency happens.

Medications: If you are prescribed medications for high blood pressure, high cholesterol or diabetes, make sure you take them as prescribed. If you had a clot-related stroke or a heart attack, your doctor may recommend aspirin to help prevent another event. Aspirin is not appropriate for everyone, so talk to your doctor before beginning an aspirin regimen.

Smoking: If you smoke, stop. Smoking increases the risk of stroke and heart attack because it damages blood vessels, which can lead to blockages.

Physical Activity: Being physically active at least 30 minutes a day, most days of the week or 150 minutes per week is recommended by the American Stroke Association.

Even as COVID-19 cases strain emergency medicine, calling 9-1-1 still provides access to life-saving treatments for people experiencing medical emergencies like heart attacks or strokes. Emergency medical responders can assess symptoms, begin treatment and transport the patient to the most appropriate hospital, if necessary.

Based on current information from the Centers for Disease Control and Prevention, it appears people 65 and older and people of any age with underlying medical conditions, such as heart disease, high blood pressure and diabetes, are more likely to be infected and develop more severe symptoms. Stroke survivors may face increased risk for complications if they get COVID-19.

Find more resources to help manage your risk at stroke.org/oneisenough.

Heart attacks and strokes are medical emergencies. If someone is experiencing stroke or heart attack symptoms, he or she should call 9-1-1. Emergency medical responders can assess symptoms, begin treatment in the ambulance and transport the patient to the most appropriate hospital, if necessary.

Hospitals have plans in place to keep potentially contagious patients away from others and keep surfaces clean. Calling 9-1-1 and activating Emergency Medical Services (EMS) ensures you have the best possible chance to beat a heart attack or stroke. EMS can begin treatment in the ambulance and take you to the hospital best suited to care for you in an emergency.

Stroke warning signs can be remembered using the acronym F.A.S.T.:

* F - Face drooping
* A - Arm weakness
* S - Speech difficulty
* T - Time to call 9-1-1

Heart attack warning signs include:

* Chest discomfort.
* Discomfort in other areas of the upper body such as one or both arms, the back, neck, jaw or stomach.
* Shortness of breath.
* Breaking out in a cold sweat
* Nausea
* Lightheadedness

Source: American Stroke Association

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Tips for keeping older adults connected

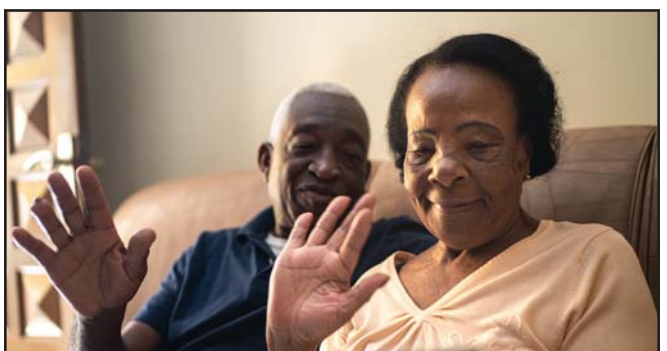

Photo courtesy of Getty Images

(Family Features) Connection and a sense of community can be critical to well-being as people continue to distance and isolate. It can be challenging, especially for older adults, but there are ways to engage, explore and unwind.

There is no one-size-fits-all solution, so choose a few things that suit you and commit to them. Remember to pay attention to your social and mental health while taking care of your physical health, and consider these ideas from the Administration for Community Living.

Connect

- Use social media to stay in touch with friends and loved ones or reconnect with people you haven't seen in a while.
- Take advantage of video call platforms to see faces of family and friends while you talk to them.
- Write letters to friends and reminisce about some of your favorite memories. Ask them to write back and share their own favorite memories.
- Keep up to date with current events and stay connected to neighbors by reading local newspapers and community bulletins.

Explore

- Take free courses online. With subjects ranging from computers and cooking to studio arts and foreign languages, there is something for nearly everyone.
- Explore zoos and aquariums across the country through virtual tours and lessons. Many have live webcams that allow you to watch the animals in real time.
- Enjoy artwork from around the world. Thousands of museums and galleries are currently displaying their collections online through virtual tours.

Tour one of the many national parks offering digital tours and experiences you can access anytime from the comfort of home.

Unwind

- Check your library's free e-books and audiobooks you can borrow without leaving home. Consider joining a virtual book club to connect with others enjoying the same book.
- Host dinner or a game night with friends over a video chat. Word, trivia and acting games tend to work well virtually.
- Catch free performances online. Some opera houses and theaters are streaming plays and performances for digital audiences.
- Watch a TV show or movie while talking to a friend on the phone or over video chat. Many streaming services offer free trials and some even have a way to watch together online.

For information on services for older adults in your community, contact the Eldercare Locator at 1-800-677-1116 or eldercare.acl.gov.

Source: Administration for Community Living

Calhoun County Senior Services
CELEBRATE CENTENARIANS
Do you know someone from Calhoun County who will be **99 or older any time this year**?
PLEASE CALL
CALHOUN COUNTY SENIOR SERVICES
AT 269-781-0846
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